

## **The food will be a reserve for the land against the seven years of famine." (41:36)**

The concept of taking moments of "abundance" and storing these moments so that they may be later utilized during moments of "famine" may be applied in our daily life. We often come upon moments of "famine", when our spiritual strength is strained and we are in need of spiritual support to overcome the trials of the hour. How we have utilized our moments of "abundance" will decide how successful we will be when we face these rough times. The daily *Tefillos* (prayers) are prime sources of spiritual sustenance. The *Kuzary* compares the three daily *Tefillos* to the three daily meals. Just as each meal provides the nourishment necessary to sustain us till the next meal, each *Tefilla* provides us with the necessary spiritual strength until the next *Tefilla* is recited. In truth our whole life include both years of abundance and years of famine.

The degree to which we have dedicated ourselves during our formative years of opportunity and abundance will decide how well sustained we will be when we are faced with the various trials of life.