"And Avrohom bowed down before the people of the land" (23:12)

Avrohom returns from his most difficult test, the *Akeidas Yitzchok*, only to find that his beloved wife Sarah has died. Imagine the torment when he learns that it will cost him a small fortune to provide a proper burial for his wife. This moment is the greatest test of Avrohom's self control, for although he is deep in his pain and anguish, he nevertheless displays great manners courage and self control in dealing with Efron and the Bnei Cheis. *"The actions of the forefathers are a sign for the children" (Ramban).* From Avrohom's action we see that no matter what the situation or the circumstances, we must always act properly with good manners and dignity as becomes the *Am Hatorah* (nation of the *Torah*).